



## THE GREAT SUNFLOWER GROWING COMPETITION 2022!

Bring some sunshine to Wymondham this summer and grow a sunflower or two - or more! The competition is open to any resident of any age and there are many different ways to win, with one prize available in each category:

- Tallest sunflower
- Biggest sunflower seed head (not including the petals)
- Heaviest sunflower seed head (take off all the petals)
- Most interesting sunflower - something that makes us smile – be creative with your sunflower plant (e.g. dress it up, put a sign on it...)
- Best team/group effort
- Shortest sunflower – a good opportunity for many of us novice gardeners 😊.



### COMPETITION RULES

- The choice of sunflower seed variety you plant is entirely up to you
- Feel free to plant more than one if you like!
- The sunflower(s) must have been planted this year. You cannot submit photos from previous years
- You can plant your sunflower(s) in the ground or in a pot
- You have until **Friday 16th September 2022** to submit a photo of your sunflower(s), together with the relevant measurement. **If possible, please edit the photo to show your name or display your name in the photo written on paper; it makes it easier for us to judge and identify you**
- Please note that you can submit your entry at any point before the deadline
- You can enter more than one category but you can win just **one** category only so we can spread the fun around and give more competitors a chance. **Therefore, please make it clear which category or categories you are entering**
- Submit your entry by email to: **wymbloom@gmail.com**
- The winners will be announced week commencing **Monday 19th September 2022**
- Winners will receive a prize and a certificate recording their achievement.



### CATEGORIES AND HOW TO MEASURE GUIDANCE

#### 1. Tallest sunflower plant

Measure from the base of the stem (not including the roots) to the top of the head. The head should be extended to measure the full height of the plant. Take a photo with a measuring tape clearly showing the measurement. Remember to include your name in the photo if at all possible.

## **2. Biggest sunflower head**

Measure the diameter of the seed head only. The flower petals should not be included. Heads should be cut from the stem. Take a photo with a measuring tape clearly showing the measurement of just the seed head. Remember to include your name in the photo if at all possible.

## **3. Heaviest sunflower seed head**

Remove the petals and weigh your sunflower head. Submit a photo with the weight clearly shown, ideally in grams (but we can convert to ounces if necessary). Remember to include your name in the photo if at all possible.

## **4. Most interesting sunflower**

Do something that makes us smile – be creative with your sunflower plant by dressing it up, using accessories, making a sign for it – anything (as long as it is not illegal or rude lol) goes! The Wymondham in Bloom Committee will judge this one and we look forward to seeing your ideas. Remember to include your name in the photo if at all possible.

## **5. Best Team/Group effort**

The best display in terms of numbers/appearance by a team or group of adults and/or children. Entries welcomed from schools, care homes, allotment holders, a group of neighbours and families, clubs and community groups... you get the idea! Impress the Wymondham in Bloom Committee with the sheer volume and impact of happy sunflowers! Remember to include your name in the photo if at all possible.

## **6. Shortest sunflower**

Measure from the base of the stem (not including the roots) to the top of the head. The head should be extended to measure the full height of the plant. Take a photo with a measuring tape clearly showing the measurement. Remember to include your name in the photo if at all possible.

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## **Photos of your sunflower journey**

- Please do send us any photos you have of your sunflowers on their growing journey (from seed to competition-winning perfection!) as we would like to share that journey on social media
- Photos can be sent to **wymbloom@gmail.com**
- Thank you and good luck!



**Seeds at the ready; on your marks, get set, GROW!**

**In memory of Owen James, who loved gardening and taking part in  
Wymondham In Bloom. 6 Sep 1925 – 14 Feb 2022**